

VISIT THE VILLAGE AT PACIFIC HIGHLANDS RANCH

FEBRUARY 24, 2017



Warm weather, sunny days and spring break are right around the corner. If you're over this chilly San Diego weather, get a head start on your spring needs at <u>The Village at</u> <u>Pacific Highlands Ranch</u>!

Load your body up with healthy eats and plenty of vitamins to shake those winter colds away. Stop by <u>Vitality Tap</u> and nourish your body with fresh and organic juices. Feeling wild? Down a Detox Shot with cayenne pepper or sign up for a juice cleanse. Stop by <u>Trader Joe's</u> and shop for the season's healthiest offerings. Locally sourced produced and fair trade products on the shelves will keep your body strong.

Sunny days call for long walks along the beach and hikes around the county. Gear up for your spring workouts at <u>Fleet Feet</u> and find the perfect outfit to match your new workout shoes at <u>Title Nine</u>. Need some new equipment for your bicycle? Stop by Moment Bicycles and pick up the latest accessories and necessities to keep your bicycle running smoothly.

Leaving San Diego for a spring break getaway? Stop by Mabel's, TRE Boutique and Urban Girl for trendy and affordable vacation outfits. Cool and hip, Overload will meet your printed tee and edge clothes need.

If you're staying in this break and need to keep the kids entertained, schedule a class at Mint Studio. A Pinterest lover's dream, Mint Studio will let your little one's mind soar as they use their imagination and creativity. Sit in for a few hours at the studio or take a few crafting projects home, Mint Studio will keep your mind and hands busy.